



# CAREGIVER RESOURCES FOR ELDER CARE

Compiled by Barbara L. Nunley, PhD, APRN, BC

## **Caregiver Resource Library**

**Caregiver resource books and videos are available for viewing and checkout in the West Virginia University Health Science Center Library. The library is located at the Robert C. Bryd Health Science Center on the Memorial Hospital Campus. These resource books and videos are in The Frankel Room on the second floor of the library. You may check out two items at a time for a two week period. To check out stop at the desk on the first floor and speak to a library employee. These books and videos were donated by West Virginia University School of Nursing – Charleston Division, The Greater Kanawha Valley Foundation, and the A. M. Scott Trust Fund to assist the caregiver to remain healthy and in the caregiver role.**

## WV STATE RESOURCES

**West Virginia Alzheimer's Association, 1111 Lee St. East, Charleston, WV 25301 (304) 343-2717 or 1-800-491-2717**

**Eldercare Locator: Contact this number for phone numbers of aging agencies and services in your zip code area. 1-800-677-1116 or web site: [www.eldercare.gov/search](http://www.eldercare.gov/search) Services included in the locator are meals, home care, transportation, caregiver training and much more.**

**State Agency on Aging: Provides information related to social and health care supportive services for the elderly population of WV. Charleston Town Center Mall, 3<sup>rd</sup> floor, Charleston, WV, 25389. (304) 558-3317.**

**WV Association of Adult Daycare: Adult day care centers take older people who can no longer remain at home alone but who do not need skilled nursing care. WV Association of Adult Daycare, 925 Market St., Parkersburg, WV, 26101. (304) 485-6748.**

**Hospice Council of West Virginia: This agency provides end-of-life care for individuals in the home. Keeps a list of paid caregivers for respite care and is a satellite station for Senior Hospice Council of WV, PO Box 760, Arthurdale, WV 26520.**

**West Virginia Department of Health & Human Resources: Provides information related to social and health care supportive services for the elderly population of WV. Income applications are available for various programs to supplement Medicare. WV Department of Health & Human Resources, Building 3, Room 206, 1900 Kanawha Boulevard E. Charleston, WV 25305 (304) 558-0684 or 1-800-642-8589.**

**State Long Term Care Ombudsman: Advocacy organization for nursing home residents which include complaint resolution, confrontation and/or negotiation with nursing homes. State Long Term Care Ombudsman, WV Bureau of Senior Services, Charleston Town Center Mall, 3<sup>rd</sup> floor, Charleston, WV, 25389. (304) 558-3317.**

**Link Age WV: An information and referral system for older West Virginians. 1-888-982-4464 or Internet [www.hsc.wvu.edu/linkage](http://www.hsc.wvu.edu/linkage)**

**West Virginia Division of Veteran Affairs: State office for health care benefits for veterans. West Virginia Division of Veteran Affairs, 1321 Plaza East, Suite 101, Charleston, WV 25301. (304) 558-3661 or 1-888-838-2332.**

**Center for Excellence in Disabilities:**

- 1) West Virginia Assistive Technology System: Provides information, training and technical assistance and accessing and utilizing assistive technology equipment and devices. (304) 766-4946 or 1-800-779-8287. These devices can be as complex as computers with screen reading software or as simple as Velcro used in place of buttons or shoe laces.**
- 2) VISIONS – Visually Impaired Seniors In-Home Outreach and Networking Services. Provides free in-home services to West Virginia citizens 55 and older with visual impairments (best corrected vision 20/70 or worse in both eyes). 1-800-642-3021.**

**West Virginia Medical Institute: Provides help if you believe the hospital has discharged a person too soon, or if there is a complaint about the care received in the hospital. This organization will answer your Medicare questions, or tell you where to find the information you need. (304) 346-9864, ext. 266, 1-800-642-8686, ext. 266.**

**Lifeline Emergency Response System: A response system that links people to 24 hour assistance at the push of a button. A small device – the help button – is worn around the neck on a chain or strapped to a wrist, or clipped to clothing 1-800-635-6156.**

**Senior Legal Advice Hotline: Legal advice for a senior or the person with the power-of-attorney for a senior. This hotline connects you with an attorney to give you answers for your legal questions. 1-800-229-5068.**

**[www.seniorlegalaid.org](http://www.seniorlegalaid.org)**

**West Virginia Caregivers (WVU Center on Aging). If you are a West Virginia caregiver and need some assistance, visit [www.wvcaregivers.org](http://www.wvcaregivers.org) for resources that can help you care for your loved one and yourself.**

**C.A.R.E., Inc. – Caregiving and Advocacy for the Rural Elderly, In-Home Services (RN, Homemaker). Must be approved for the Aged and Disabled Waiver Program by DHHR. (304) 346-7595 or 1-877-346-7595 or [www.msyst.net/careinc](http://www.msyst.net/careinc)**

**Central WV Aging Services, Inc. - 4510 Pennsylvania Ave., PO Box 12110, Charleston, WV 25302 (304) 965-9081. Sister company of CARE, Inc. that provides a variety of services including: Medicaid Waiver Case Management and Homemaker Services, Personal Care, Private Pay, Indigent Prescription Assistance, Senior Employment Program, Nutritional Supplements, Workers' Compensation In-Home Services. Basic information will be taken over the phone and a supervisor will review your case and assign it to the program that would be most beneficial to you.**

**Kanawha Valley Senior Services – (304) 348-0707**

- 1) Answers questions concerning services, links individuals to community resources, advocates for senior citizens, assists with developing a plan of services to meet individual needs.**
- 2) Personal Care Services is for Medicaid recipients (18 and older) who meet the required level of need for assistance with activities of daily living. Personal Care Services may be provided to seniors within their place of residence when assistance is necessary to maintain health and safety and is physician ordered in accordance with a written plan of care. Services include assistance with: activities related to personal hygiene, dressing, feeding, ambulation, transferring and nutrition; light housekeeping – washing dishes, making and changing the bed, laundry and cleaning client's living area; shopping – pharmacy, grocery and payment of bills.**
- 3) Creative Care Program (Client Centered Care) is available to those who wish to hire a care provider to assist with a variety of tasks. Some examples are In-Home Care – bathing, grooming and meal preparation; Medical Appointments – accompany client to appointments and make brief reports to the family if requested; Shopping & Errands – grocery and pharmacy; Hospital – sit with client to alleviate fears and provide liaison to the family if requested and to visit with client after discharge; Long Term Care Facility – brief or extended visits with client after discharge.**
- 4) Lighthouse Program is where an individual can receive up to sixty hours of “Lighthouse services per month from Senior Aging Programs in each county who employ caregivers to provide in-home assistance. Payment for services depends upon the eligible individual's income. The fee is determined by a sliding fee schedule. Services provided are personal care (grooming, bathing, dressing and toileting), mobility (transferring in and out of bed and walking), nutrition (meal**

preparation, eating, and grocery/pharmacy shopping), and environment (light housecleaning, making/changing bed and laundry). Eligibility includes being 60+ years of age, medically eligible based on a functional evaluation by the senior aging program's RN and financially eligible (sliding fee schedule). For more information of this Program contact (304) 935-1040. 5) Veteran's Affairs Homemaker Program – Veterans may be eligible for assistance with activities of daily living in their homes (bathing, dressing meal preparation, light housekeeping, laundry, shopping – pharmacy and grocery). Eligibility can be determined by contacting a VA Clinic. Referrals are made directly to KVSS from the Department of Veterans Affairs. 6) Medicaid Waiver The Aged/Disabled Home and Community Based Waiver Services (ADW) Program is defined as a long-term care alternative enabling the individual to remain at or return home rather than going to a nursing home. The program provides eligible individuals with a range of services including assistance with personal hygiene, food preparation and feeding, medication prompting, and necessary light housekeeping. For more information on this Program contact (304) 348-0707.

Kanawha Valley Senior Services Family Caregiver Program provides temporary respite for family members caring for loved ones with Alzheimer's disease or other dementia, as well as those without. Respite may be provided in the home or in a congregate setting. The Program does not include skilled services but is intended to help seniors remain in their homes and delay premature entry into nursing homes. 1) Family Alzheimer's In-Home Respite (FAIR) – recipients participating in this program must have a written Dr's diagnosis of AD or related dementia. In-home respite is scheduled on an individual basis, which is dependent upon family needs and availability of caregivers. Trained caregivers provide companionship, supervision, and assistance with activities of daily living. 2) Congregate Respite involves participants in beneficial activities designed to enrich their lives including exercise, word games, arts & crafts, sing-a-longs and a hot meal. All caregivers are trained in Basic Care Giving, CPR, First Aid and Alzheimer's & Dementia Care. The small group setting allows for increased interaction between staff and participants with emphasis on stimulating the whole person mentally, physically and socially. This Respite is offered on Tuesday, Wednesday and Thursday from 8:00 a.m. to 4:00 p.m. at Ruffner Presbyterian Church at the corner of Greenbrier and Quarrier Street in Charleston. 3) Other Services include Lending Library, Training in

Alzheimer's care, Counseling and support, and Linkage to other services. For more information contact KVSS at (304) 345-6754 or 345-6755.

Safe Return – Alzheimer's Association – Provides assistance whether a person becomes lost locally or far from home, \$40.00 enrollment 1-888-572-8566, Local WV Chapter 1-800-491-2717, [www.wvalz.org](http://www.wvalz.org)

### Website Resources

[www.WVSeniorCare.com](http://www.WVSeniorCare.com) Site helps people locate senior care services available throughout WV and in their local community.

[www.alternativesforseniors.com/](http://www.alternativesforseniors.com/) Alternatives for Seniors is a print and online directory that specifically caters to the senior housing and senior care concerns of senior citizens and their families. Gain access to information from thousands of nationwide health and care facilities, including independent living, nursing care, adult daycare, and more, without ever leaving your computer.

[www.benefitscheckup.com](http://www.benefitscheckup.com) Simple questionnaire to find programs that can assist you or your loved one. Prescription savings and other savings program.

[www.Govbenefits.gov](http://www.Govbenefits.gov) Search for eligibility for government services and contact information for programs.

[www.drugdigest.org](http://www.drugdigest.org) Site where consumers can research drugs and herbs for drug actions, drug interactions, side effects, and other pertinent information about medications.

[www.diabetes.org](http://www.diabetes.org) Site for information on diabetes.

[www.nfcacares.org](http://www.nfcacares.org) Site for caregivers.

[www.extendedcare.com](http://www.extendedcare.com) Site for investigating extended care.

[www.WVSeniors.org](http://www.WVSeniors.org) Aims to help seniors, their families and caregivers easily find the information they need.

[www.caringinfo.org/files/public/WestVirginia.pdf](http://www.caringinfo.org/files/public/WestVirginia.pdf) WV Advance Directives - Medical Power of Attorney and Living Will.

[www.webmdmedicare.com](http://www.webmdmedicare.com) Medicare Treatment Benefits Resource Center. This site is easy to use and assists with free resources that will help Medicare eligible seniors and their caregivers get information about Medicare and the new prescription drug benefits.

[www.medicare.gov](http://www.medicare.gov) Prescription Drug and Other Assistance. Check eligibility for available sources of assistance and even select a Medicare Approved Drug Discount Card.

[www.hsc.wvu.edu/chel/wvi](http://www.hsc.wvu.edu/chel/wvi) WV End of Life Care down loadable forms, living will, power of attorney, etc.

[www.socialsecurity.gov](http://www.socialsecurity.gov) Social Security Administration. Has toll free service 7 a.m. to 7 p.m. (Business Days) 1-800-772-1213.

[www.wvinsurance.gov](http://www.wvinsurance.gov) Offices of the Insurance Commissioner

[Consumer.Service@WVinsurance.gov](mailto:Consumer.Service@WVinsurance.gov) 1-888-TRY-WVIC. For any questions or additional information about any type of insurance.

[www.wvs.state.wv.us/wvag](http://www.wvs.state.wv.us/wvag) or [consumer@wvago.state.wv.us](mailto:consumer@wvago.state.wv.us) Consumer Protection Division, WV Attorney General 1-800-368-8808 or (304) 558-8986.

[www.state.wv.us/seniorservices/shine/](http://www.state.wv.us/seniorservices/shine/) WV State Health Insurance Assistance Program (SHIP), Senior Services Insurance Network (SHINE). SHIPS provides free, objective information about Medicare coverage and benefits to beneficiaries and their caregivers. SHIPS can also give you applications for both a benefits card and the low income credit. 1-877-987-4463

[www.healthinaging.org/public\\_education/eldercare/](http://www.healthinaging.org/public_education/eldercare/) American Geriatrics Foundation for Health in Aging. This site has a free online guidebook "Eldercare at Home: that is a comprehensive book on caring for the caregiver and care-recipient.

[www.familycaregiving101.org](http://www.familycaregiving101.org) Site for finding assistance, answers, new ideas and helpful advice for the caregiver and the person they are caring for.

[www.caregiver.org](http://www.caregiver.org) The Family Caregiver Alliance. This site offers a Family Care Navigator map that lists a broad range of caregiving services in each state.



[www.strengthforcaring.com](http://www.strengthforcaring.com). Strength for Caring. This site provides tip sheets on fitness and nutrition for caregivers, balancing work and family, respite care, reducing stress, caring for specific conditions and home safety.

[www.TheFamilyCaregiver.org](http://www.TheFamilyCaregiver.org) National Family Caregivers Association. Practical information: managing care, drug coverage, emotional advice for dealing with stress, asking for help, and support groups. 1-800-896-3650

[www.nia.nih.gov/alzheimers](http://www.nia.nih.gov/alzheimers) Alzheimer's disease, education and referral center.

[www.nia.nih.gov/Alzheimers/Publications/homesafety.htm](http://www.nia.nih.gov/Alzheimers/Publications/homesafety.htm) Home safety for people with Alzheimer's disease. Provides many educational materials about caring for someone with Alzheimer disease, including an informative document on home safety for persons with dementia.

[www.aarp.org](http://www.aarp.org) American Association of Retired Persons. Caregiving checklists and mature driving program.

[www.caretransitions.org/documents/phr.pdf](http://www.caretransitions.org/documents/phr.pdf) Personal health record for adult child caregivers to maintain a personal health record.

[www.ncea.aoa.gov/NCEARoot/Main\\_Site/pdf/family/caregiver.pdf](http://www.ncea.aoa.gov/NCEARoot/Main_Site/pdf/family/caregiver.pdf) Document on preventing elder abuse.

[www.caremanager.org](http://www.caremanager.org) Geriatric care manager locator.

[www.longtermcare.gov](http://www.longtermcare.gov) National Clearinghouse for Long-term Care Information. Provides tools for considering the pros and cons of various types of living arrangements for older adults needing different levels of assistance in activities of daily living, including a long-term care savings calculator.

Rx for WV makes it easier for families to find programs that lower the costs of prescription drugs. Call 1-877-982-7948.

### Quick Find Senior Information Phone Numbers and Websites

WV Bureau of Senior Services: (304) 558-3317

[www.state.wv.us/seniorservices/](http://www.state.wv.us/seniorservices/)

WV Senior Legal Aid 1-800-229-5068 or [www.seniorlegalaid.org](http://www.seniorlegalaid.org)

WV Long-Term Care Ombudsman 1-800-834-0598

**WV SHINE (Medicare Counseling) 1-877-987-4463**

**WV Golden Mountaineer Discount Card 1-877-987-3646**

**WV Alzheimer's Association 1-800-491-2717**

**Social Security Administration 1-800-772-1213**

**Attorney General's Office Consumer Protection 1-800-368-8808**

**WV Department of Health & Human Resources Client Services 1-800-642-8589**

**Adult/Child Abuse WV Hotline 1-800-352-6513**

**WV Insurance Commission Consumer Services 1-800-642-9004**

### **Transportation of Elders**

**Kanawha Valley Regional Transportation Authority: P.O. Box 1188, Charleston, WV 25324, (304) 343-0489. Offers curb to curb transportation to individuals who meet the Americans with Disabilities Act. An application needs to be completed and approval given for their service. There is a \$2.00 fee each way within Charleston. The vans are handicapped accessible. The hours of operation are 5:30 a.m. to 10:00 p.m.**

**Kanawha Valley Senior Services for transportation in Kanawha County. They provide non-emergency medical transportation, to County nutrition sites, and Beacon Program recipients. Call (304) 348-0726. Have your name, address, home/cell phone number, Medicaid number, doctor's name, address, telephone number, date and time of appointment available when scheduling. They are a non-profit agency and all contributions and donations are accepted & greatly appreciated. All non-emergency medical runs must be arranged at least 72 hours in advance and are scheduled on a first come, first serve basis.**

### **Case Management Agencies**

**Medicaid Waiver Case Management Agencies. These agencies provide Case Management Services through the WV Title XIX Medicaid Waiver Program for the elderly and disabled. Must fill out an income application with the Department of Health and Human Services and is based on availability.**

**Allied Nursing and Community Services** (304) 935-1069  
**4628 Pennsylvania Ave.**  
**Charleston, WV**

**Central WV Aging Services** (304) 965-9081  
**4510 Pennsylvania Ave.** or #04) 346-7595  
**or 2206 E. Washington Street** 1-877-346-7595  
**Charleston, WV 25301**

**Coordinating Council for Independent Living** (304) 744-1112  
**300 Technology Dr., Suite 201** 1-800-834-7050  
**South Charleston, WV 25309**

**Elite Home Health Corporation** (304) 766-5683  
**7 Fairlane Court** 1-800-638-3870  
**Nitro, WV 25143**

#### **Certified Homemaker**

**Certified Homemaker Agencies provide in-home services that assist individuals with the Activities of Daily Living, such as bathing, eating, grooming, dressing, etc., as well as Instrumental Activities of Daily Living such as meal preparation, light housekeeping, errands, transportation to medical appointments, etc. Homemaker services are provided in WV to individuals who are eligible for the Community Care and Medicaid Waiver Programs, but may also be available on a private-pay basis to persons who do not meet specific program eligibility criteria. Many of these agencies also have Home Health Nursing available with a physician's order and nurse assessment. Most accept Medicaid, Medicare, and 3<sup>rd</sup> Party Insurance. (No one agency in this list is endorsed. You are strongly recommended to ask for references before hiring anyone to work in your home. For additional information and verification of certified nurses aides or homemakers certification go to [www.wvdhhr.org/ohflac](http://www.wvdhhr.org/ohflac) .)**

**Abode Health Care Services, Inc.** (304) 586-9441  
**Winfield, WV**

**Abode Health Care Services, Inc.** (304) 756-9449  
**301 Midway Road**

**Alum Creek, WV**

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**Access Home Health (304) 720-3840**  
**10 Kenton Dr.**  
**Charleston, WV**

**All-Aid Services, Inc. (304) 343-6202**  
**612 Virginia Street, E., Suite 300**  
**Charleston, WV 25301**

**Almost Heaven In-Home Care (304) 757-6537**  
**3744 Teays Valley Road**  
**Hurricane, WV**

**Area Connect Home Helpers, Inc. (304) 562-4455**  
**3400 Teays Valley Road**  
**Hurricane, WV**

**Barnett's In-Home Helpers (304) 722-3530**  
**2412 Kanawha Terrace**  
**St. Albans, WV**

**Capitol Medical (304) 757-0237**  
**3857 Teays Valley Road**  
**Hurricane, WV**

**Clowser & Associates (304) 345-3300**  
**406 Tennessee Ave.**  
**Charleston, WV**

**Comfort Home Care, Inc. (304) 205-7241**  
**738 Randolph Street**  
**Charleston, WV**

**Covenant Home Health Care Services (304) 757-9333**  
**109 Poplar Fork Road**  
**Scott Depot, WV**

**Gentiva Home Health (304) 346-9667**  
**100 Kanawha Blvd. W.**  
**Charleston, WV**

<b>Golden Heart In-Home Care</b> <b>510 4<sup>th</sup> Street</b> <b>St. Albans, WV</b>	<b>(304) 201-0156</b>
<b>H G Tender Lovingcare, LLC</b> <b>4778 Chimney Drive</b> <b>Charleston, WV</b>	<b>(304) 965-1744</b>
<b>Kanawha Companion Services, LLC</b> <b>11 Greenbrier St., Suite 22</b> <b>Charleston, WV</b>	<b>(304) 951-9203</b> <b>(304) 951-9204</b>
<b>Kanawha Home Health</b> <b>3324 Pennsylvania Ave.</b> <b>Charleston, WV</b>	<b>(304) 766-9669</b>
<b>Loved Ones in Home Care</b> <b>144 7<sup>th</sup> Ave.</b> <b>South Charleston, WV 25303</b>	<b>(304) 744-4081</b>
<b>Medi Home Health</b> <b>4245 St. Rte. 34</b> <b>Hurricane, WV</b>	<b>(304) 757-6865</b> <b>1-800-939-6865</b>
<b>Mountain State Home Healthcare</b> <b>113 Goff Mountain Road</b> <b>Cross Lanes, WV 25313</b>	<b>(304) 776-3734</b>
<b>Mountaineer Home Health</b> <b>888 Oakwood Road</b> <b>Charleston, WV</b>	<b>(304) 720-0205</b>
<b>Physicians Choice, LLC</b> <b>4003 Outlook Drive</b> <b>Hurricane, WV</b>	<b>(304) 757-4880</b>
<b>Pro Careers, Inc.</b> <b>5051 Washington St. W.</b> <b>Cross Lanes, WV</b>	<b>(304) 776-8421</b>

**Rescare Homecare** (304) 766-9830  
**1 Dunbar Plaza**  
**Dunbar, WV**

**Right At Home In-Home Care** (304) 344-0586  
**700 Virginia Street W**  
**Charleston, WV**

**Serve Care** (304) 766-8093  
**500 Westmoreland Office Park**  
**Dunbar, WV**

**Special Touch for Seniors** (304) 746-5600  
**325 4<sup>th</sup> Ave.**  
**South Charleston, WV**

**Special Touch Nurses Service** (304) 744-4940  
**325 4<sup>th</sup> Ave., Suite 1**  
**South Charleston, WV**

**West Virginia Home Health** (304) 343-2047  
**2345 Chesterfield Ave.**  
**Charleston, WV**

### **Support Groups**

**Alzheimer's Association – 1601 2<sup>nd</sup> Avenue, Charleston, WV 25387 (304) 343-2717, 800 272-3900 (24 hour Hotline) [www.alz.org](http://www.alz.org)**

**American Diabetic Association, 1221A Ohio Ave., Dunbar, WV 25064, (304) 768-2596 [www.diabetes.org](http://www.diabetes.org) for list of groups.**

**American Lung Association of WV – P. O. Box 3980, 415 Dickinson Street, Charleston, WV 25330 (304) 342-6600**

**Kanawha Hospice Care, Inc., 1143 Dunbar Ave., Dunbar, WV 25604, (304) 768-8523**

### **Adult Day Care**

**May have specific requirements depending on the center. Please contact for additional information.**

**Braley Care Homes, 2619 Knox Ave., St. Albans, WV (304) 722-0404**

**Kanawha Valley Senior Services at the Hansford Senior Center, 500 Washington St., St. Albans, WV, 25177. (304) 722-4621. This agency specializes in AD individuals and is open 7 a.m. to 3:30 p.m. Monday through Friday. The fee is \$6.25 per hour.**

**Kanawha Senior Enrichment Center, 1698 Quarrier St., Charleston, WV (across from the Culture Center) (304) 925-2770. This Center is an adult day care program offering area families and caregivers an alternative to nursing home or home-based care for their aging loved ones, especially those with Alzheimer's disease or dementia. The Center offers safe and enjoying activities, games and socialization with seniors who share common interests. Open Monday-Friday, 6 a.m. to 6 p.m. Hourly and daily rates available.**

**Quarry Manor, 699 South Park Rd., Charleston, WV 25304. (304) 925-4663. Offers a social day care for the elderly. Private pay with cost being \$6.00 per hour or \$40.00 per day. This is subject to change. Transportation provided by family members. Hours are 7 a.m. to 10 p.m.**

**My Friends House Adult Day Care, 632 9<sup>th</sup> Ave. Huntington, WV, 25701. (304) 529-0393. Registered Nurse on staff.**

**Solutions Adult Daycare, 4010 Teays Valley Rd, Scott Depot, WV 25560. (304) 201-6132**

**Wayne Community Center, PO Box 276, Wayne, WV 25570. (304) 429-3015.**

## Assisted Living Community

**Angel Avenue Assisted Living LLC – 3793 Teays Valley Road, Hurricane, WV (304) 757-7661**

**Braley Care Homes, Inc. - (304) 722-0404, 2619 Knox Ave., St. Albans, WV 25177. Specializes in Alzheimer's and Dementia Care, Hurricane (304) 767-4033.**

**Broadmoor Assisted Living at Teays Valley – (304) 757-4778, 4000 Outlook Drive, Hurricane, WV 25526 Offers personalized care programs for residents with Alzheimer's and other forms of dementia.**

**Charleston Gardens – (304) 343-6600, 800 Association Drive, Northgate Business Park, Charleston, WV 25311, [charlestongardens-ed@emeritus.com](mailto:charlestongardens-ed@emeritus.com)  
The Trade Winds at Charleston Gardens is dedicated to meeting challenges of memory loss including Alzheimer disease.**

**Chateau Grove – (304) 736-3443, #6 Chateau Lane, Off Huntington Mall Exit.**

**Joyce's Assisted Living, 86 Elk River Road, South, Clendenin, WV (304) 548-5252**

**Quarry Manor Assisted Living Facility – (304) 925-4663, 699 South Park Road, Charleston, WV 25304 Offers rehabilitation programs that fit each resident's individual needs.**

**Regency Place – (304) 757-3104, 5 Rolling Meadows Drive, Scott Depot, WV.**

**The Ridgemont at Edgewood Summit – (304) 346-2323, 300 Baker Lane, Charleston, WV 25302 Also offers short term stays in Assisted Living (few days, a month, or even longer).**

**Sweetbrair – (304) 744-7400, 505 Caldwell Lane, Dunbar, WV**



## **Respite Services**

**Quarry Manor - (304) 925-4663, 699 South Park Road, Charleston, WV 25304**

**Braley Care Homes, Inc. - (304) 722-0404, 2619 Knox Ave., St. Albans, WV 25177**

**Kanawha Home Health – (304) 766-9669, 600 Technology Drive, South Charleston, WV**

**Kanawha Valley Senior Services for Alzheimer or related dementia (304) 348-0707 or 1-800-414-3495**

**Kanawha Valley Senior Services Activity Group - (304) 345-6755 (Every Tuesday from 1 p. m. to 5 p.m.)**

**Kelly Home Care Services - (304) 766-9830**

**Right At Home – (304) 344-0586**

## **Senior Centers**

**Buffalo Senior Citizens Center, Rt. 62 Buffalo, WV (304) 937-3352**

**Hansford Senior Center, 500 Washington Street, St. Albans, WV (304) 595-3600**

**Hometown Senior Citizen Center, Hometown, WV (304) 586-2745**

**John Henson Senior Center, 2800 Putnam Ave., Hurricane WV (304) 562-9451**

**Nitro Senior Center, Nitro, WV (304) 755-5502**

## Nutrition

[www.mealcall.org/meals-on-wheels/wv/](http://www.mealcall.org/meals-on-wheels/wv/) WV Meals-on-Wheels and Senior Meal Programs.

**CANS (Kanawha Area Nutrition Site), phone (304) 342-4476, located at Tiskelwah Center, 600 Florida Street, Charleston, WV 25302, serving time 12:00 p.m., site Director – Randall Byrnside**

**Chesapeake, phone 304-949-5797, located at Chesapeake City Hall, 12404 MacCorkel Ave., Chesapeake, WV 25315, serving time 12:00 p.m., site Director – Frances Hannigan**

**Clendenin, phone (304) 548-6789, located at Clendenin Community Center, P. O. Box 525, Clendenin, WV 25045, serving time 11:30 a.m., site Director – Brett Bowman**

**Elk River Nutrition, phone (304) 965-3175, located at Elk River Community Center, 902 Main St., Elkview, WV 25071, serving time 12:00 p.m., site Director Virgie Jarrett**

**Dunbar, phone (304) 766-0227, located at Dunbar City Hall, 12<sup>th</sup> Street and Myers One, Dunbar, WV 25064, serving time 12:00 p.m., site Director – Faye Peterson**

**Hansford, phone (304) 722-6949, located at City of St. Albans, 500 Washington Street, St. Albans, WV 25177, serving time 12:00 p.m., site Director – Janie Hamilton**

**Nitro Nutrition Site for the Elderly, phone (304) 755-7592, located at City of Nitro, P. O. Box 444 (21<sup>st</sup> Street & 2<sup>nd</sup> Ave), Nitro, WV 25143, serving time 11:30 a.m., site Director – Rodney Hill**

**Rand, phone (304) 925-9200, located at Rand Elementary School, 404 West 15<sup>th</sup> Street, Belle, WV 25015, serving time 4:00 p.m., site Director – Frances Hannigan**

**Shawnee, phone (304) 766-0378, located at Shawnee Community Center, Institute, WV, serving time 12:00 p.m., site Director – Daniel Webb**

**Sissonville, phone (304) 348-1954, located at Sissonville High School, Route 4, Box 168, Charleston, WV 25312, serving time 12:30 p.m., site Director – Carol Huffman**

**South Charleston, phone (304) 744-1080, located at South Charleston Recreation Center, 601 Jefferson Road, South Charleston, WV 25309, serving time 12:00 p.m., site Director – Rose Tackett**

**London Center, (304) 442-4789, located at Washington High School, P. O. Box 58, London, WV 25126, serving time 11:00 a.m., site Director – Louise Anderson**

**Putnam Aging Program of Putnam County, 694 Winfield Road, St. Albans, WV (304) 755-2385. Offers delivery of home meals, application must be completed, cost based on donation and income. Service available in Kanawha, Fayette, & Putnam counties.**

#### **Other Services**

**Barnett's Senior Care/Home Helpers 2412 Kanawha Terrace, St. Albans, WV (304) 722-3530, Certified Senior Advisors, Senior Care Consultants, Help in Your home for seniors, assistance with activities of daily life, personal care, meal preparation and other services as needed.**

**Home Care of Strategic Health Services, 1418 MacCorkle Ave., SW, Charleston, WV (304) 348-1434 (Home Health Referrals, Lifeline, Pharmacy, Private Duty)**

**Shepherd's Center of Charleston WV, 804 Myrtle Road, Charleston (304) 343-1775 Senior Citizens Service and Health Organization.**

## ADULT PROTECTIVE SERVICES (WV DEPARTMENT OF HEALTH & HUMAN RESOURCES, BUREAU FOR CHILDREN AND FAMILIES) REPORT ADULT ABUSE AND NEGLECT

### HOW TO REPORT

Any individual may report known or suspected cases of abuse, neglect or emergency situations involving an incapacitated adult or facility resident including any adult who wishes to make a report on his/her own behalf. There are also certain groups that are required by law to report. These are referred to as mandatory reporters.

Reports of abuse or neglect involving an incapacitated adult or facility resident must be made to the Department of Health and Human Resources. Reports to DHHR may be made directly to the local Department of Health and Human Resources or to the 24 hour Hotline that is provided for this purpose (1-800-352-6513).

[www.ncea.aoa.gov](http://www.ncea.aoa.gov) National Center for Elder Abuse

